



# ENCORE

After School Enrichment at Canterbury

SPRING 2019

Dear Canterbury Parents,

We have an exciting new addition to the spring Encore enrichment programming, the lower school **CREATIVE COMPUTING CLUB**, as well as returning favorites such as **CHESS CLUB** and **CRAZY RUNNING**.

All Encore opportunities are extra-curricular, which means they fall outside of the regular educational program.

**Activities:** To register for a group or private lesson activity, please contact the instructor directly. Do not contact Canterbury School. You should register **by Friday, Jan. 11** to increase the likelihood of receiving your preferred days and times. Classes will be filled on a first-come, first-served basis. Instructors reserve the right to cancel classes with insufficient enrollment. We prefer that you pay in full by the end of the first week of offerings (Friday, Jan. 11), but you may pay in half installments on **Jan. 16 and Feb. 13**. If you have concerns, please discuss them with the individual instructor to set up a different payment schedule.

**Clinics:** You register for clinics through Canterbury. Clinics are listed below after activities. Complete the attached form to reserve a spot in a clinic. Offerings vary in length, running from Feb. 27 to May 21. Please contact the instructor for specific dates.

**Study Hall:** Does your child's Encore activity start after 3:15 p.m.? Study hall is available. The cost is \$10 per use (sign up by emailing Ebonie Copeland at [copelande@canterburygso.org](mailto:copelande@canterburygso.org)). A limited amount of financial assistance is available (contact Kelen Walker at [walker@canterburygso.org](mailto:walker@canterburygso.org)). Kindly note that Extended Day runs separately and is not a part of Encore.

**Note:** Classes will meet every week except for the weeks noted in the class descriptions. Classes are held on some half-days. Please be sure to record the specific days the class will not meet on your calendar and communicate further scheduling details with the designated instructor.

See the attached Q&A to find answers to frequently asked questions about Canterbury's after school offerings.

Sincerely,

Ebonie Copeland  
*Encore Coordinator*

## AFTER SCHOOL ACTIVITIES

**Please Note:** To reserve a spot and pay for an activity, please contact the instructor.

### ACADEMIC ACTIVITIES

#### **Canterbury Creative Computing Club**

Grades 2-5

Laura Rehman

Thursdays (3:15-4:15 p.m.)

Jan. 24- May 30 (No class 2/7 & 4/25)

Cost: \$385 (Includes all materials and snacks)

Maximum Enrollment: 9

Contact: [rehmanl@canterburygso.org](mailto:rehmanl@canterburygso.org)

During this semester, students will be introduced to creative computing. They will explore the range of projects they will be able to create and some sample projects that they will find engaging and inspiring. Throughout the sessions, students will be creating their own interactive computational media using Scratch software through a Harvard artificial intelligence (AI) educational program. No previous experience required, just bring your wildest sense of adventure!

#### **Chess Club**

Grades 3-5

Justin Stagner

Mondays (3:20-4:20 p.m.)

Jan. 7 - June 3 (No class 1/21, 2/18, 3/18, 4/22 & 5/27)

Cost: \$280

Maximum Enrollment: 12

Contact: [stagners@canterburygso.org](mailto:stagners@canterburygso.org)

This ancient game is a way for students to develop strategy, foresight, and memory in a fun, challenging setting. Students will learn the names of the pieces as well as how they move across the board, but will also learn exceptions such as castling and *en passant*. Students will be introduced to strategic concepts such as pins, forks, and controlling the center of the board. This is an introductory course and no previous knowledge about the game is necessary. However, students who are familiar with the game will also be sharpening their skills!

#### **Engineers of Tomorrow- STEM Club**

Grades 5-8

John Schoultz and Wes Vogel

Thursdays (3:30-5 p.m.)

Cost: \$550 for all three session (semester length) or \$190 for a single session.

Maximum Enrollment: 12

Contact: John Schoultz [schoultzj@canterburygso.org](mailto:schoultzj@canterburygso.org) or Wes Vogel [vogelw@canterburygso.org](mailto:vogelw@canterburygso.org)

Engineers of Tomorrow is made up of three, four-week sessions investigating specific topics in engineering and science. Each session will include two instructors for personal, hands-on attention, a snack, and projects that will showcase students' knowledge. If you are new to STEM or a veteran, we are ready to start. Students will work in pairs. Parents may sign up for one four-week session or for all three, four-week sessions.

**Session One: Electronics and Electricity** (Jan. 17, 24, 31, Feb. 14) Students will learn about electricity, circuits, resistance, and capacitors. Students will also learn how to solder wires together.

**Session Two: Cardboard Machines** (Feb. 21, 28, March 7, 14) Students will use cardboard to build vending and drink machines. Add a small motor and a little knowledge of electronics, and you can build wondrous things.

**Session Three: Rocketry and Flight** (March 21, 28, April 4, 11) A club favorite, students will explore and build their own rocket. Returning students will be asked to build increasingly difficult rockets.

## Microeconomics Club

Laura Rehman

Tuesdays\* (3:15-4:15 p.m.)

Cost: \$270 (Includes snacks)

Contact: [rehmanl@canterburygso.org](mailto:rehmanl@canterburygso.org)

Microeconomics Club seeks students with great ideas and an interest in learning basic economic skills they can apply to their own entrepreneurial ventures. Each student who participates in the club will create and manage his or her own business and sell products at various events during the year. Students will be expected to turn portions of their proceeds into charitable donations. \*Students must commit for the whole year.

Grades 3-5

Sept. 4- May 28 (No Class 1/1, 3/19 & 4/23)

## LITERATURE

### Writopia Creative Writing Workshop

Andrea Crossley Spencer

Wednesdays (3:15-4:45 p.m.)

Cost: \$520 Wednesdays

Maximum enrollment: 12

Contact: [CrossleySpencer@gmail.com](mailto:CrossleySpencer@gmail.com) or 336-601-0989

Do you love the idea of creating interesting characters and new, exciting worlds? Are you curious about creative writing, but unsure how to begin? Discover your voice through a Writopia writing workshop. Participants are able to relax, brainstorm, experiment with writing exercises, laugh, and freely write in the genres they wish. Children enjoy individual attention, laptops/iPads, customized feedback in small-group and one-on-one settings, and, best of all, the satisfaction of taking original, creative pieces to a whole new level. Whether you are a prolific writer or you have great ideas, but a tough time organizing thoughts into coherent stories, the Writopia method will help you navigate the rocky waters between idea and story. At the end of the semester, writers will have an opportunity to deliver a reading of their work at a public event.

Grades 4-8

Jan. 9- May 29 (No class 1/2 & 4/24)

## DANCE (WHOLE-YEAR CLASSES)

### Ballet/Tap

PreK

Kristi Fedor

Mondays (1:00-2:15 p.m.) Sept. 10 - June 3

Cost: \$380 (year)

No class 1/21, 2/18, 3/18, 4/22, 5/27

Maximum Enrollment: 10

Contact: [kcollinsdance@gmail.com](mailto:kcollinsdance@gmail.com) or 336-708-2354

### Ballet/Lyrical/Jazz/Tap

Grade 4-5

Kristi Fedor

Thursdays (3:30 - 5:00 p.m.) Sept. 6- May 30

Cost: \$640 (year)

No class 2/7, 4/25

Maximum Enrollment: 12

Contact: [kcollinsdance@gmail.com](mailto:kcollinsdance@gmail.com) or 336-708-2354

### Ballet/Jazz/Tap

Grades K-1

Kristi Fedor

Mondays (3:30-4:30 p.m.) Sept. 10 - June 3

Cost: \$450 (year)

No class 1/21, 2/18, 3/18, 4/22, 5/27

Maximum Enrollment: 12

Contact: [kcollinsdance@gmail.com](mailto:kcollinsdance@gmail.com) or 336-708-2354

### Hip Hop

Grade 1-5

Kristi Fedor

Thursdays (5:00 - 6:00 p.m.) Sept. 6 - May 30

Cost: \$460 (year)

No class 2/7, 4/25

Maximum Enrollment: 12

Contact: [kcollinsdance@gmail.com](mailto:kcollinsdance@gmail.com) or 336-708-2354

### Ballet/Lyrical/Jazz/Tap

Grades 2-3

Kristi Fedor

Tuesdays (3:30-5:00 p.m.) Sept. 4 - May 28

Cost: \$620 (year)

No class 1/1, 3/19, 4/23

Maximum Enrollment: 12

Contact: [kcollinsdance@gmail.com](mailto:kcollinsdance@gmail.com) or 336-708-2354

### Ballet/Lyrical/Jazz

Grades 6-8

Kristi Fedor

Fridays (3:30 - 5 p.m.) Sept. 10 - June 3

Cost: \$590 (year)

No class 4/19, 4/26

Maximum Enrollment: 12

Contact: [kcollinsdance@gmail.com](mailto:kcollinsdance@gmail.com) or 336-708-2354

## MOVEMENT

### **Yoga Sproutz**

Lisa Hart

Tuesdays Grades K-2 Maximum enrollment: 8 (3:15-4 p.m.) Jan. 15- May 28 (No class 3/19 & 4/23)

Thursdays Grades 3-5 Maximum enrollment: 10 (3:15-4 p.m.) Jan. 9- May 30 (No class 2/7 & 4/25)

Cost: \$360 (cost includes a yoga mat)

Contact: [yogasproutz@yahoo.com](mailto:yogasproutz@yahoo.com) or 336-662-2907

Yoga Sproutz students will learn yoga in a fun environment. During each class, we will work on breathing exercises, poses, relaxation, and fun games and music. Yoga increases flexibility, strength, and coordination while decreasing anxiety and building concentration and creativity. Children will carry the skills they learn from the Yoga Sproutz classroom into their daily lives for years to come.

## MUSIC (HALF-YEAR CLASSES)

### **Guitar (Beginner)**

Grade K-Adult

Riley Walker

Monday - Friday (3:15-7:00 p.m.) ½ hour lessons

Monday - Friday **before school** (7-8 a.m.)

Cost: \$574 Mondays*	Jan. 7 - June 3 (No class 1/21, 2/18, 3/18, 4/22 & 5/27)
\$602 Tuesdays	Jan. 8- May 28 (No class 1/1, 3/19 & 4/23)
\$630 Wednesdays	Jan. 9- May 29 (No class 1/2 & 4/24)
\$630 Thursdays	Jan. 3- May 30 (No class 2/7 & 4/25)
\$630 Fridays	Jan. 4- May 31 (No class 4/19 & 4/26)

Contact: [rileyandjan@aol.com](mailto:rileyandjan@aol.com) or 336-317-6403

Children must bring their own instruments. For information on selecting an appropriately sized guitar, please speak with Riley. Riley Walker has been teaching guitar for over 20 years. He specializes in working with beginning students, introducing them to a wide range of styles. These enjoyable lessons will teach novice players the essential techniques needed to play the songs that interest them, while instilling a love of music.

\*One additional lesson will be scheduled with individual Monday students.

### **Piano (Beginner and Intermediate)**

Grades K-8

Catherine Lamb

Monday - Friday (3:15-7:00 p.m.) ½ hour lessons

Monday - Friday **before school** (7-8 a.m.)

Cost: \$574 Mondays*	Jan. 7 - June 3 (No class 1/21, 2/18, 3/18, 4/22 & 5/27)
\$602 Tuesdays	Jan. 8- May 28 (No class 1/1, 3/19 & 4/23)
\$630 Wednesdays	Jan. 9- May 29 (No class 1/2 & 4/24)
\$630 Thursdays	Jan. 3- May 30 (No class 2/7 & 4/25)
\$630 Fridays	Jan. 4- May 31 (No class 4/19 & 4/26)

Contact: 336-856-8105 or [clblamb4@gmail.com](mailto:clblamb4@gmail.com)

Children must have a piano or keyboard at home.

Piano students will focus on learning to read notes on the staff, excellent hand position, and all the piano techniques necessary to play classical music as well as contemporary pieces. The goal is for young children to develop a love for music and to gain confidence and skill at the piano.

\*One additional lesson will be scheduled with individual Monday students.

## Violin, Viola

Grades K-8

Kate Middel

Tuesdays & Wednesdays (3:15-7 p.m.) ½ hour lessons

Fridays (3:15-5:15 p.m.)

Cost: \$540 Tuesdays

\$565 Wednesdays

\$565 Thursdays

\$565 Fridays

Jan. 8- May 28 (No class 3/19 & 4/23)

Jan. 9- May 29 (No class 4/24)

Jan. 3- May 30 (No class 2/7 & 4/25)

Jan. 4- May 31 (No class 4/19 & 4/26)

Contact: [kamiddel@gmail.com](mailto:kamiddel@gmail.com) or 410-271-1922

\* Children must bring their instruments

\*\* Noon dismissal day schedules can be shifted earlier in the afternoon

Private lessons are tailored to the ability and talents of each student, and include both familiar tunes and musical studies. Lessons will focus on creating well-rounded musicians- proficient in technique, performance, music reading, musicality, and music history and theory. If you would like help with instrument selection or advice on a rental instrument, or have any questions regarding lessons, please contact **Kate**.

## VISUAL ART

### Draw and Learn

Nina Green

Mondays Grades K-2 (3:15-4:15 p.m.)

Tuesdays Grades 3-5 (3:15-4:15 p.m.)

Cost: \$326

Maximum Enrollment: 12

Contact: [nina.green@triad.rr.com](mailto:nina.green@triad.rr.com) or 336-314-6603

Jan. 7 - May 20 (No class 1/21, 2/18, 3/18, & 4/22)

Jan. 8 - May 28 (No class 1/1, 3/19 & 4/23)

Our program entails a time-tested, structured approach to learning to draw, creating success for children of any skill level. The lesson begins with a small lesson in fine arts, history, or nature relating to our subject matter. Examples may be learning about complementary colors, discussing a painting by Matisse or learning about sea turtles. After that, we guide children through the drawing step by step. The completed drawing is then “colored” with different media, depending on the type of image we have created. Various media are used, such as markers, chalk, or oil pastels and watercolors, as well as a variety of papers. Each lesson results in a finished piece of art, with each child’s piece unique to them. This method creates confidence and skill, and children learn to draw and create in a way that builds upon itself over time.

\* Please contact me directly, if you wish to enroll different age siblings or have a conflict with days. I am flexible and wish to make the classes convenient for families. Feel free to contact me for further information as well as student examples.



Canterbury's Venture Out program seeks to extend learning beyond the classroom. As a school that values whole-child education, we believe that the educational process links learning to living. Through real-life experiences, students will gain life skills that foster positive relationships, active leadership, and personal responsibility. We are constantly striving to enhance the positive ways in which our students interact with each other and the ways in which they learn.

Please take a look at the Venture Out sessions offered this spring, and join us in exploring the outdoor world that Canterbury and the surrounding area have to offer. Feel free to contact us with any questions you may have. We look forward to having you "venture out" with us.

### Lower School Venture Out

#### Adventure Club

Beth Larson/Travis King  
Thursdays (3:15-4:30 p.m.)  
Cost: \$100  
Maximum Enrollment: 12  
Contact: [larsonb@canterburygso.org](mailto:larsonb@canterburygso.org)

#### Lower School Grades 1-4

March 21, 28, April 4, 11

Adventurers will explore the natural world around the Canterbury campus to see all that it has to offer. While venturing together, students will be introduced to basic skills associated with outdoor adventures. There will be scavenger hunting, hiking, and survival skill training. Introducing these skills to Canterbury's youngest students will help to cultivate a strong outdoor foundation for their future.

### Middle School Venture Out

#### Ice Skating/Ice Slide

Beth Larson  
Thursday (3:30-5:30 p.m.)  
Cost: \$30  
Maximum Enrollment: 12  
Contact: [larsonb@canterburygso.org](mailto:larsonb@canterburygso.org)

#### Middle School

Jan. 10

Students will head downtown to the outdoor ice rink and slide! It's sure to be a good time of skating and sliding with friends. Skates and ice saucer will be provided. Bring water and a snack.

#### Ninja Warrior Obstacle Course

Beth Larson  
Thursday (9:00 a.m.-3:00 p.m.)  
Cost: \$65  
Maximum Enrollment: 12  
Contact: [larsonb@canterburygso.org](mailto:larsonb@canterburygso.org)

#### Middle School

Feb. 7

Students will be out of school for parent conferences, and what better way to spend that day than testing your strength and ability on a variety of obstacles at a ninja warrior gym! Obstacles include things such as a warped wall, two rock walls, spider web, spider wall climb, unstable bridge, salmon ladder, climbing rope, gymnastic rings, and zip line. It's sure to be a fun day! Bring a lunch and water bottle.

**Intro to Climbing**

Beth Larson/Travis King  
Thursday (3:30-5:30 p.m.)  
Cost: \$30

Maximum Enrollment: 12

Contact: [larsonb@canterburygso.org](mailto:larsonb@canterburygso.org)

Students will be introduced to climbing using the Canterbury climbing wall. Students will learn the basics of climbing, how to use harnesses, and how to properly fit helmets. All equipment will be provided. Bring water and a snack and get ready to climb!

**Middle School**

May 9

**Fishing**

Travis King  
Tuesday (3:30-5:30 p.m.)  
Cost: \$30

Maximum Enrollment: 12

Contact: [larsonb@canterburygso.org](mailto:larsonb@canterburygso.org)

Students will have the opportunity to fish on the dock of a local lake and discover different types of fish caught. The basics of using a fishing rod, discovering different kinds of bait, and learning about the “catch and release” philosophy will be discussed. Rods and bait will be provided. Any skill level is welcome to join!

**Middle School**

May 14

## VENTURE OUT REGISTRATION FORM

Please submit the completed form below along with your full payment to Canterbury School (with the name of the Venture Out on the memo line) to the main office. Due to the nature of some of the activities in which children and adults will be participating, it may be necessary to complete additional paperwork. These documents will be provided prior to each applicable session.

Student's Name (last, first) \_\_\_\_\_

Student's Grade Level \_\_\_\_\_ Homeroom Teacher/ Advisor \_\_\_\_\_

Registering Parent's Name (last, first) \_\_\_\_\_

Parent email \_\_\_\_\_

Phone: Home \_\_\_\_\_ Cell \_\_\_\_\_

Please check **each** offering for which you are registering:

- \_\_\_\_\_ Adventure Club (Grades 1-4)
- \_\_\_\_\_ Ice Skating/ Ice Slide (Grades 5-8)
- \_\_\_\_\_ Ninja Warrior Obstacle Course (Grades 5-8)
- \_\_\_\_\_ Intro to Climbing (Grades 5-8)
- \_\_\_\_\_ Fishing (Grades 5-8)

- Classes are filled on a first-come, first-serve basis. All classes have a limited number of participants.
- Full payment is due with registration. Please include the name of the offering in the memo line.
- Sessions are subject to cancellation if there are not enough participants registered. Cancellation decisions will be made one week prior to the start of the session, and those persons registered will be notified directly.



## AFTER SCHOOL CLINICS

**Please Note:**

Registration and payment for clinics goes through Canterbury School. To reserve a spot in a clinic, please complete the attached form. All other questions can be directed to the individual clinic instructors.

**CRAZY RUNNING**

Grades K-5 (Boys & Girls)

Donnie Cowart

Thursdays (3:15- 4:15 p.m.)

Feb. 28- April 18 (No class 4/25)

Cost: \$140

Contact: [donnie@crazyrunning.com](mailto:donnie@crazyrunning.com) or [434-426-5184](tel:434-426-5184)

Crazy running is running made FUN! We focus on getting kids moving and making exercise fun! Runners will be introduced to simple strength exercises, fundamental running techniques, and play games that provide a kid-friendly cardio workout! These young runners will be challenged based on their ability; this program is appropriate for the beginning runner or a young athlete who has finished lots of races! The eight weeks of training teach the qualities of “what it takes” to be a good runner and athlete: goals and determination, endurance, strength, speed, flexibility, and good nutrition.

**FUTURE BASKETBALL STARS**

Grades K-8 (Boys & Girls)

Brian Judski

Wednesdays (3:20- 5:20 p.m.)

Feb. 27- May 8 (No Class 4/24)

K-3 (3:20- 4:20) & 4-8 (4:20-5:20)

Cost: \$250

Maximum Enrollment: 20

Contact: [futurebasketballstars@gmail.com](mailto:futurebasketballstars@gmail.com) or 716-517-7193

If enrollment dictates, we will add a second group from 4:20-5:20 p.m. for grades 4-8 only. Former Division I college basketball coach Brian Judski and Future Basketball Stars bring more than 19 years of higher level coaching experience and specialized training techniques to Canterbury’s gym. Coach Judski’s passion for teaching players to practice learned skills at game pace is the foundation of his technique. He firmly believes that players should never stand idle on the court, and demands maximum effort for the full hour of his sessions. He is a firm believer that, “If you practice with emotion and a purpose, you’ll play with passion and confidence.” Workouts will consist of, but not be limited to shooting, passing, dribbling, full court layups, pressure dribbling, defense and rebounding. Since 2012, Coach Judski has trained more than 2,000 players in the Greensboro area and would love the opportunity to train you! For more information, go to [futurebasketballstarsinc.com](http://futurebasketballstarsinc.com)

**SOCCEROP TRAINING CLINICS**

Grades K-5 (Boys & Girls)

Ann Weber

K-5: Tuesdays (3:15-4:15 p.m.)

March 5- May 21 (No class 3/19 & 4/23)

Cost: \$160

Contact: [aweber@ncfusion.org](mailto:aweber@ncfusion.org)

Through the SoccerOP Training Program, players focus on individual techniques at younger ages, specifically in the areas of dribbling, passing, receiving, and striking. Once the players master the technique, they must be able to apply it under pressure, thus developing skill (the ability to use technique under pressure). The SoccerOP Training staff are all former players who can clearly demonstrate and explain the technical aspects of soccer.

## AFTER SCHOOL CLINICS REGISTRATION FORM

Please submit the completed form below along with your full payment to Canterbury School (with the name of the After School Clinic on the memo line) in the main office. Due to the nature of some of the activities in which children and adults will be participating, it may be necessary to complete additional paperwork. These documents will be provided prior to each applicable session.

Student's Name (last, first) \_\_\_\_\_

Student's Grade Level \_\_\_\_\_ Homeroom Teacher/ Advisor \_\_\_\_\_

Registering Parent's Name (last, first) \_\_\_\_\_

Parent email \_\_\_\_\_

Phone: Home \_\_\_\_\_ Cell \_\_\_\_\_

Please check **each** Clinic for which you are registering:

- \_\_\_\_\_ Crazy Running (K-5) \$140
- \_\_\_\_\_ Future Basketball Stars (K-8) \$200
- \_\_\_\_\_ SoccerOP (K-5) \$160

- Classes are filled on a first-come, first-serve basis. All classes have a limited number of participants.
- Full payment is due with registration. Please include the name of the clinic in the memo line.
- Sessions are subject to cancellation if there are not enough participants registered. Cancellation decisions will be made one week prior to the start of the session, and those persons registered will be notified directly.

## QUESTIONS & ANSWERS ABOUT ENCORE

**Q: Is it possible for my child to participate in more than one after school activity?**

**A:** Yes. Students may participate in more than one activity. If the dates of two activities overlap, the student must ask the activity sponsors for permission to participate in both. In some instances, the student may have to choose one activity or another.

**Q: When/how will I learn about the details of each activity?**

**A:** Instructors will provide students with additional information about their activities. General announcements -- such as starting dates, meeting places, and tryouts -- will be made in the *Chatter*. More specific announcements about activity requirements, payment due dates, etc., will be communicated in a variety of ways by the instructors.

**Q: When do I send my money and where do I send it?**

**A:** Activity (non-clinic) instructors will alert you to payment totals, due dates, and to whom checks should be made out, and they will collect all payments from students. Please make payments on the requested payment schedule found in this brochure's welcome letter. **Payment for clinics should be sent in with the registration form in order to reserve a spot for your child.** Checks should be made payable to Canterbury School with the name of the clinic on the memo line.

**Q: How do after school activities impact Extended Day?**

**A:** Extended Day students may participate in the after school program if they pay the activity fee. Students will be sent to Extended Day each day as soon as their activity is over. There will be no reduction in Extended Day fees because a student participates in an after school activity.

**Q: Is it possible for my child to wait on campus for an after school activity to start?**

**A:** Children enrolled in a 3:15 p.m. or 3:20 p.m. activity will be sent directly to that location when school is dismissed for the day. Children enrolled in a clinic that begins later than 3:20 p.m. may stay on campus if they are registered for after school study hall, which is offered only to children enrolled in after school activities or clinics. Children will be dismissed from study hall to go to the activity or clinic. A child who is not registered for after school study hall may not stay on campus unsupervised.

**Q: How much does study hall cost and how and when do I pay for it?**

**A:** Study hall costs \$10 per day. You will be billed bi-monthly. As soon as you receive confirmation that your child is enrolled in an after school clinic, email Ebonie Copeland at [copelande@canterburygso.org](mailto:copelande@canterburygso.org) to reserve a spot if needed. Study hall will run each afternoon, 3:15-5:15 p.m.

**Q: If I have more questions, whom do I call?**

**A:** Questions about individual activities should be directed to the activity sponsors. Questions about the broader program should be directed to Ebonie Copeland at [copelande@canterburygso.org](mailto:copelande@canterburygso.org). Questions about financial aid should be directed to Kelen Walker at [walker@canterburygso.org](mailto:walker@canterburygso.org)

## ABOUT OUR INSTRUCTORS

**Kristi Fedor** is a professional ballet dancer and instructor from Greensboro. She received her BFA degree from West Texas A&M University in Canyon, TX. She was a member of The Lone Star Ballet in Amarillo, TX, and The Colorado Ballet in Denver. She was also a featured dancer in the outdoor musical drama “TEXAS,” which was performed in the Palo Duro Canyon. Kristi has passed on her love for the art of classical ballet and dance for the past 15 years. She has several ballet students who have won scholarships to the most prestigious ballet schools in the country for summer intensive programs, including The Joffrey Ballet School and American Ballet Theatre in NYC. She has had several students go on to further their dance training at The N.C. School of the Arts. Teaching dance is Kristi’s passion and she is very excited to work with the wonderful students at Canterbury.

**Nina Green** holds a bachelor of fine arts degree from the Maryland Institute, College of Art, a four-year art college in Baltimore, MD. She also did graduate classes in design and writing. Before moving to Greensboro 11 years ago, Nina worked in healthcare at Johns Hopkins University Hospital. A parent of three school-age daughters, Nina is well-versed in childcare! Draw and Learn is an arts program based in sound educational principles. This method teaches that drawing is a learnable and teachable skill. We believe that anyone can learn to draw and have fun doing it. Nina teaches preschool and elementary age art classes in several Greensboro locations.

**Lisa Hart** has been practicing yoga for more than 20 years. After her two children were born, she left her career in banking to become a stay-at-home mom. During this time, she had the opportunity to develop her passion for yoga. She became a Certified Yoga Instructor in 2004 and started teaching yoga at health clubs and studios. From 2009-2011 she volunteered to teach yoga to the students of Northern Elementary in their weekly enrichment program. The classes were so successful that she decided to get certified in teaching children’s yoga. Lisa received her certification to teach children’s yoga in March of 2012 from the Asheville Yoga Center. This was the birth of Yoga Sproutz, Inc. Lisa has been bringing her Yoga Sproutz program to Greensboro preschools and elementary schools ever since. She has a very hands-on approach to teaching and she loves working with children of all ages.

**Catherine (Cathy) Lamb** moved to Greensboro in 2012 from Charlottesville, VA where she had a thriving piano studio of 40 students for over 10 years. Having studied classical piano since the age of 5, she has spent her teaching career focused primarily on elementary and middle school aged children. Her goal is for young children to develop a love for music and to gain confidence and skill at the piano. She has also taught piano at a private school in Charlottesville, served as a piano accompanist at church services and accompanied numerous church choirs and youth for violin competitions and recitals. She has a B.S. from Boston College and an additional 15 years of experience working in higher education at Cornell University and Georgetown University Law Center. She is a member of the Greensboro Music Teachers Association, North Carolina Music Teachers Association, and Music Teachers National Association. She was President of the orchestra board for 2 years at Grimsley High School and is currently a member of the Greensboro Symphony Guild in addition to having been active with the Greensboro Symphony Youth Orchestra. She is very excited to be in her sixth year teaching as part of the Canterbury community.

**Beth Larson**, who has a bachelor's degree from the University of South Alabama and a master of arts from Asbury Theological Seminary, teaches middle school outdoor education at Canterbury. Her past experience as the head environmental education instructor at Haw River State Park means she brings with her experience in team building, low ropes work, wilderness training, and curriculum development. She enjoys engaging students in a multitude of outdoor adventures!

**Kate Middel** began playing viola at age 8 and received her Master of Music degree from the University of North Carolina at Greensboro. There, she studied with Dr. Scott Rawls, performed with the Liberace Quartet, taught secondary viola, and coached chamber music. She earned her Bachelor of Music Performance, graduating *cum laude* from DePauw University. She maintains studios of violin and viola students of all ages in Greensboro and Pinehurst, NC. Her students can be found performing with All-County Orchestras across the state, and also in NCMEA Regional orchestras. She can be seen performing with the Carolina Philharmonic, Western Piedmont Symphony, and as the Salisbury Symphony’s Associate Principal Violist.

**Laura Rehman** has a bachelor of arts in modern languages and literature from Universidad Veracruzana and a master of arts in the teaching of foreign languages from the University of Southern Mississippi. She took three years of toy making, sewing, and craft courses at Escuela Industrial para Señoritas in Xalapa, Mexico. For five years, Laura taught toy making, sewing, and crafting as a volunteer for programs serving disadvantaged and at-risk youth, children with disabilities, and impoverished indigenous women in Mexico. For the past 14 years, Laura has taught several crafting and toy-making camps as part of the Canterbury Summers program. She is the lower school Spanish teacher at Canterbury.

**John Schoultz** is a technology nerd. He enjoys wondering how things work, making a mess, and having fun doing both. John has worked at Canterbury School as the middle school science teacher since 2001. He was fortunate to take a workshop at the Carnegie Mellon Robotics Lab in Pittsburgh, PA, in which the lab was working on a robotic tank for the US Army.

**Andrea Crossley Spencer** is a writer, brand storyteller and partner at Tigermoth Creative. Her novel, "The Promise of Water," is represented by the Maria Carvainis Agency in New York. The book has earned honors from the Northwest Institute for Literary Arts, the Columbus Creative Cooperative, and the William Faulkner-William Wisdom Creative Writing Competition. Most recently, it won Scotland's Caledonia Prize. In short fiction, her work has been featured by "Chautauqua Literary Journal," "Ruminare" magazine, and "Cumberland River Review," among others. Andrea has a bachelor's degree in English from High Point University and a master of fine arts degree in creative writing from Southern New Hampshire University. She is thrilled to work with young writers as they hone their writing into a lifelong passion and skill. Visit her web site at [CrossleySpencer.com](http://CrossleySpencer.com).

**Justin Stagner's** love for nature and the outdoors began early between scouting and family adventures. He graduated from Appalachian State University where he spent even more time outside. Certainly the most time he spent with nature was when he hiked the Appalachian Trail. His involvement with honeybees has been several years in the making and included a lot of time spent with an expert beekeeper in his bee yard. After lots of reading and speaking with other educators, Justin finally decided he was ready to raise bees on campus. Now, he is very excited to spread the love of honeybees and beekeeping to a new generation! By day, Justin is one of Canterbury's 4<sup>th</sup> grade teachers.

**Wes Vogel** is a tinker nerd. If it needs fixing, Wes is the first to say, "Let's give it a try." He has worked at Canterbury School as a middle school social studies teacher since 2007. Wes's claim to fame is that he volunteered to work as a mechanic for a NASCAR team.

**Riley Walker** has a bachelor's degree from Guilford College and a master's degree in education from Delta State University. He has more than 20 years of experience as a guitar instructor and is currently teaching music at Holy Trinity Day School. Riley specializes in working with beginning students by introducing them to a wide range of guitar styles, focusing on the basic skills needed to become a proficient player. These enjoyable lessons will teach novice students the essential techniques needed to play the songs that interest them, while instilling a love of music.